

FitWorkz

CONSUMER STATEMENT

DANGER - ULTRAVIOLET RADIATION

- Follow instructions.
- Avoid overexposure. As with natural sunlight, overexposure can cause eye and skin injury and allergic reactions. Repeated exposure may cause premature aging of the skin and skin cancer.
- Wear protective eyewear.

FAILURE TO USE PROTECTIVE EYEWEAR MAY RESULT IN SEVERE BURNS OR LONG-TERM INJURY TO THE EYES.

- Medications or cosmetics may increase your sensitivity to the ultraviolet radiation. Consult a physician before using sunlamp or tanning equipment if you are using medications or have a history of skin problems or believe yourself to be especially sensitive to sunlight.
- If you do not tan in the sun, you are unlikely to tan from the use of this product.

GENERAL TANNING

Prior to my initial exposure, I was given the opportunity to read the warning above. It was provided to me by _____ of _____ . I believe to the best of my knowledge that the information contained is fully understood.

Signature of Consumer _____ Date _____

SPECIAL CASES

For illiterate or visually impaired persons unable to sign their own name: I, _____ of _____ . have read the above warning to _____ in the presence of the witness _____ ; and, to the best of my knowledge, the consumer understands the risks associated with this warning.

Signature of Operator _____ Date _____

Signature of Witness _____ Date _____

MINOR CONSENT

For individuals UNDER _____ years of age, parent or legal guardian must also sign, consenting to the above warning and for use of tanning equipment.

Signature of Minor _____ Date _____

Signature of Parent or Legal Guardian _____ Date _____

VISIT	EXPOSURE		OPERATOR	CLIENT INITIALS
	TIME	DATE		
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VISIT	EXPOSURE		OPERATOR	CLIENT INITIALS
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CONSUMER STATEMENT

TANNING PROFILE AND CONSENT CARD

Last Name _____ First Name _____ Middle Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____ Date of Birth _____

Referred by: Name: _____ Yellow Pages Other

PLEASE ANSWER ALL QUESTIONS HONESTLY. FABRICATION OF ANY OF THE INFORMATION CONTAINED IN THIS CARD IS UNLAWFUL. THE ANSWERS TO YOUR QUESTIONS WILL RESULT IN DETERMINING PROPER TANNING EXPOSURE TIME, INCLUDING RISKS ASSOCIATED WITH MEDICATIONS, EITHER INGESTED OR TOPICALLY APPLIED.

MEDICAL HISTORY

- circle one
- Are you currently taking an medication? Yes No
If yes, please list: _____
 - Was the medication prescribed by a doctor? Yes No
 - Are you taking any over-the-counter medication? Yes No
If yes, please list: _____
 - Have you been determined to be allergic to medication? Yes No
If yes, please list: _____
 - Do you have or have you had any skin disorders requiring medical treatment? Yes No
If yes, please list: _____
 - Do you experiences rashes of any kind? Yes No
 - Do you occasionally experience dizziness while in the sun? Yes No
 - Have you ever had eye damage or eye disease requiring medical treatment? Yes No
 - Have you ever experienced a painful sunburn? Yes No
 - Have you or a member of your immediate family ever had or been treated for skin cancer? Yes No
 - Are you pregnant? If so, contact your doctor prior to tanning. Yes No

PERSONAL TANNING HISTORY

- circle one
- Have you ever been injured as a result of tanning activity in general, particularly from sun exposure? Yes No
If yes, list problem(s): _____
 - When was the last date you tanned in general? If indoor tanning was administered, list exposure time and location: _____
 - Do you make it a habit to tan indoor and outdoor on the same day? Yes No
 - What was the greatest amount of time you ever received or used personally in a tanning device? Please list minutes: _____
 - Have you ever been told that tanning is safe and free of risk? Yes No
 - Do you feel that you can tan easily each and every time? Yes No
 - At what time of the year do you prefer to tan? Please check below:
 Winter Spring Summer Fall Before vacation
 Before a social event (wedding, graduation, concert, etc.)
 All of the above
 - How many months out of the year do you tan?
 - Do you prefer tanning: Indoors Outdoors Indoors and Outdoors

DETERMINING YOUR SKIN TYPE (check one)

- I** - Always burns, never tans (very fair skin color, white skin)
 II - Usually burns, tans minimally (fair skin color, pale skin)
 III - Moderately burns, tans average (skin color white to olive)
 IV - Minimally burns, tans easily (olive to light brown skin)
 V - Rarely burns, tans substantially (brown to dark brown skin)

- You are to notify the tanning operator if any health problem occurs while using the tanning equipment.
- Going beyond the listed maximum exposure time is unlawful and may increase your risk of developing a health related condition.
- You must read all posted notices and information on the tanning device. If you do not understand the information, consult with your tanning operator.
- You must use compliant protective eyewear only, as provided or sold to you by the tanning operator. No substitute is allowed.
- Carefully review the medication list provided or posted by the tanning operator. If a drug is listed that you are taking, notify the operator immediately.
- Never tan indoors and outdoors twice in the same 24 hour period.

- Under no condition will a person be allowed to tan while under the influence of alcohol.
- Minors are required to have parental consent.
- YOU ARE RESPONSIBLE FOR NOTIFYING THE TANNING OPERATOR IF ANY OF THE INFORMATION CONTAINED IN THIS CARD IS DEEMED NO LONGER ACCURATE. ESPECIALLY IF MEDICATION IS BEING ADMINISTERED!**

SPECIAL NOTE:

Failure to follow the rules outlined will result in our employees and agents not liable for any injury sustained by the incorrect use of the tanning equipment. Each person is responsible for safeguarding their own personal property.

Examples of Human Skin Types

Skin Types	Sun Sensitivity	Pigmentary Response
I	Always burns easily	Little or no tan
II	Always burns	Minimal tan
III	Sensitive, burns moderately	Tans gradually
IV	Moderately sensitive, burns minimally	Tans easily, light brown
V	Minimally sensitive, burns rarely	Tans darkly, dark brown
VI	Insensitive, does not burn	Darkly pigmented

Determination of Skin Types

A.	Determination based on your hereditary disposition	0	1	2	3	4	Your Points Per Question
1.	What is the color of your eyes?	Light blue gray or green	Blue, gray or green	Blue	Dark brown	Brownish black	
2.	What is the color of your hair?	Sandy red	Blond	Chestnut/dark blond	Dark brown	Black	
3.	What is the color of your unradiated skin?	Reddish	Very Pale	Pale with beige tint	Light brown	Dark brown	
4.	Are there freckles on your unradiated skin?	Many	Several	Few	Incidental	None	
B.	Determination based on your own experience with sunbathing (to the unexposed skin).	0	1	2	3	4	
1.	What happens when you stay long in the sun?	Painful redness, peeling, blistering	Burns regularly with peeling	Burns sometimes with peeling	Burns rarely	Never burns	
2.	To what degree do you turn brown?	Hardly or not at all brown	Tans a little, a light color	Tan reasonably	Tans very easily	Quickly turns dark brown	
3.	Do you turn gray-brown directly after (within several hours) sunbathing	Never	Hardly	Sometimes	Often	Always	
4.	How does your face react to the sun?	Very sensitive	Sensitive	Normal	Very resistant	Never a problem	
C.	Your tanning habits	0	1	2	3	4	
1.	When sunbathing, do you try to tan your whole body?	Never	Hardly ever	Sometimes	Often	Always	
2.	When did you last sunbathe (even under a sunlamp)?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than a month ago	Less than 16 days ago	

Total Score	Skin Sensitivity	Skin behavior estimate (possibly exposed)
0 - 7	Very sensitive	I
8 - 16	Sensitive	II
17 - 25	Normal	III
> 25	Very resistant	IV

DANGER – ULTRAVIOLET RADIATION

1) Follow instructions

2) Avoid too frequent or lengthy exposure. As with natural sunlight, exposure to a sunlamp may cause eye and skin injury, sunburn and allergic reactions. Repeated overexposure may cause chronic damage characterized by wrinkling, dryness, premature aging of the skin, and skin cancer.

3) Wear protective eyewear.

FAILURE TO USE PROTECTIVE EYEWEAR MAY RESULT IN SEVERE BURNS OR LONG-TERM INJURY TO THE EYES.

4) Ultraviolet radiation from sunlamps enhances the effects of the sun. Do not sunbathe before or after exposure to ultraviolet radiation.

5) Abnormal or increased skin sensitivity or burning may be caused by certain foods, medications (including, but not limited to tranquilizers, diuretics, antibiotics, high blood pressure medication, birth control pills, and skin creams), cosmetics or toiletries. Consult a physician or pharmacist before using a sunlamp if you are using prescription or non-prescription medications, have a history of skin problems, or believe yourself especially sensitive to sunlight. Pregnant women and women on birth control pills who use a tanning device may develop discolored skin.

6) If you do not tan in the sun, you are unlikely to tan from the use of this product.

7) Use of a tanning device may not provide a protective base in regards to sun exposure.

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PHOTOSENSITIZING FOODS AND MEDICATIONS

Certain drugs and food groups do not mix well with ultraviolet light from either a natural or artificial source. Researchers, including Dr. Richard Childers, a dermatologist at the University of Florida, and Dr. Edward Emmett of John Hopkins University, compiled a list of drugs, foods, and other substances which could make your skin super-sensitive to ultraviolet light. Should you be taking any of the following, a doctor's release is necessary before you begin tanning with an indoor tanning system. After the doctor's release is complete and you have begun the tanning process, should there be any negative reactions experienced, **PLEASE** notify the Service Desk staff immediately.

ACETOHEXAMIDE (DYMELOR)	ESTRONE	PROMAZINE HYDROCHLORIDE
ACRIDINE PREPARATIONS (SLIGHT)	FENNEL	PROFRIPTYLINE
AGAVE LECHUGUILLA (AMARYLLIS)	FLUORESCEIN DYES	PSORALENS
AGRIMONY	5-FLUOROURACIL	PYRATHIAZINE HYDROCHLORIDE
9-AMINOACRIDINE	GLYCERYL P-AMINO BENZOATE	PYRIDINE
AMINO BENZOIC ACID	GOLD SALTS	QUINETHAZONE (HYDROMOX)
AMITRIPTYLINE (ELAVIL, ETC.)	GRASS (MEADOW)	QUININE
ANESTHETICA (PROCAINE GROUP)	GRISEOFULVIN (FULVICIN)	ROSE BENGAL PERFUME
ANGELICA	HEMATOPORPHYRIN	RUE
ANTHRACENE	HEXACHLOROPHENE (RARE)	SALICYLANILIDES
ANTIMALARIALS	HYDROCHLOROTHIAZIDE (EXIDRIX)	SALICYLATES
ARSENICALS	IMIPRAMINE HCl (TOFRANIL)	SANDALWOOD OIL (PERFUME)
BARBITURATES	ISOTHIPENCYL (THERUHISTIN)	SILVER SALTS
BAVACHI (CORYLIFOLIA)	ISOTHIPENDLY	SMARTWEED (TEA)
BENZENE	LADY'S THUMB (TEA)	STILBAMIDINE ISETHIONATE
BENZOPYRINE	LANTININ	SULFACETAMIDE
BERGAMOT (PERFUME)	LAVENDER OIL	SULFADIAZINE
BITHIONAL (ACTAMER, LOROTHIDOL)	LIME OIL	SULFADIMETHOXINE
BLANKOPHORES (SULFA DERIVATIVES)	MECLOTHIAZIDE (ENDURON)	SULFAGUANIDINE
BULOSEMIDE (JADIT)	MEPAZINE (PACATAL)	SULFANILAMIDE (SLIGHT)
BROMCHLORSALICYLANILID	9-MERCAPTOPYRINE	SULFAMERAZINE
4-BUTYL-4-CHLORSALICYLANILIDE	METHOTRIMEPRAZINE (LEVOPROME)	SULFAMETHAZINESULFAPYRIDINE
CARBAMAZEPINE (TEGRETOL)	METHOXSALEN (MELOXINE, OXSORALEN)	SULFATHIAZOLESULFONAMIDES
CARBINOXAMINE D-FORM (TWISTON R-A)	5-METHOXYPSORALEN	SULFAISOMIDINE (ELKOSIN)
CARBUTAMIDE (NADISAN)	8-METHOXYPSORALEN	SULFONYLUREAS (ANTIDIABETICS)
CARROTS, WILD	MONOGLYCEROL PARA-AMINO BENZOATE	TETRACHLORSALICYLANILIDE
CEDAR OIL	MUSTARDS	TETRACYLINES
CELERY	NALIDIXIC ACID	THIAZIDES (DIURIL, HYDRODIURIL)
CHLOROPHYLL	NAPHTHALENE	THIOPHENE
CHLOROTHIAZIDE (DIURIL)	NORTRIPTYLINE (AVENTYL)	THIOPROPAZATE DIHYDROCHLORIDE
CHLOROPROMAZINE (THORAZINE)	OXYTETRACYCLINE (TERRAMYCIN)	TOLBUTAMIDE (ORINASE)
CHLORTETRACYCLINE (AUREOMYCIN)	PARA-DIMETHYLAMINOAZOBENZENE	TOLUENE
CITRON OIL	PARAPHENYLENEDIAMINE	TRIBROMOSALICYLANILIDE (TBS)
CITRUS FRUITS	PARSLEY	TRICHLORMETHIAZIDE (METHAHYDRIN)
CLOVER	PARSNIPS	TRIDIONE
COAL TAR	PENICILLIN DERIVATES	TRIETHYLENE MELAMINE (TEM)
CONTRACEPTIVES (ORAL)	PERIOLINE	TRIFLUPROMAZINE HYDROLCHLORIDE (VESPRIN)
DEMECLOCYCLINE	PERPHENAZINE (TRILAFON)	TRIMEPRAZINE TARTRATE (TEMARIL)
DECLOMYCIN	PHENANTHRENE	TRIMETHADIONE (TRIDIONE)
DEMETHYLCHLORTETRACYCLINE	PHENAZINE DYES	TRIPYRATHIAZINE
DESIPRAMINE (NORPRAMIN, PERTOFRANE)	PHENOLIC COMPOUNDS	TRYPATLAVINE
DIBENZOPYRAN DERIVATIVES	PHENOTHIAZINES (DYES, METHYLENE BLUE)	TRYPAN BLUE
DICYANINE-A	PHENOXAZINES	VANILLIN OILS
DIETHYLSTILBESTROL	PHENYLBUTAZONE (BUTAZOLIDIN)	WATER ASH
DIGALLOYL TRIOLEATE SUNSCREEN	PHENYTIOLIN (DILANTIN)	XYLENE
DILL	PITCH AND PITCH FUMES	YARROW
DIPHENHYDRAMINE HYDROCHLORIDE	PORPHYRINS	
EOSIN (SLIGHT)	PROCHLORPERAZINE	

